

HOLY WEEK EXPERIENCE

THURSDAY

THE TURNING POINT

sweetwaters
CHURCH

WHEN THE
Ground
SHIFTED!

STATION 1 – SENTENCING BEFORE PILATE

Theme: Sentencing before Pilate, Beating, Robe & Crown | **Location:** Left of Main Door

REFLECTION:

It is early morning. The crowd is restless, voices rising as Jesus is led before Pilate. Accusations are thrown—He claims to be the Son of God, a King.

Pilate studies Him, searching for fault, yet finding none. Still, the pressure builds. The crowd grows louder. What begins as accusation quickly turns into demand. “Crucify Him.”

Jesus stands silent. No defence. No resistance.

Pilate gives in. The command is given, and the brutality begins. Jesus is whipped, His body torn under the weight of each strike. A robe is placed on His shoulders—not in honour, but in mockery. A crown is forced onto His head—not of gold, but of thorns. Blood runs. Pain deepens. And still—He does not turn away.

Pilate washes his hands, stepping back from the weight of the decision. But Jesus steps forward into it. This was never out of His control. This was always His mission. Through every lash, every wound, every moment of suffering—He remains steady, knowing what must be done.

REFLECTION QUESTIONS:

Have you ever brought your pain and anguish fully before Jesus? Do you truly believe you are worthy of His love and sacrifice?

ACTION:

Sit on the judgment seat, just as Pilate did while washing his hands. Stand at the whipping post, whip in hand. Feel the robe that was mockingly placed on Jesus’ shoulders.

SCRIPTURE:

John 18:28–40; John 19:1–16

STATION 2 – PATH TO GOLGOTHA

Theme: The Weight of the Cross | Location: Right of Main Door

REFLECTION:

The weight is heavy. Jesus walks the road to Golgotha, the wooden cross pressed against His torn back. Each step is slow, strained, yet deliberate. The crowd watches—some in sorrow, others in silence, others still in mockery. This is Jesus of Nazareth. The King of the Jews. The One who carries not only the weight of the cross—but the weight of humanity’s sin. The hill rises ahead. The moment draws near.

He is laid down. Arms stretched wide—left and right. Nails are driven through His wrists. His body is pulled, positioned, fixed to the cross. His feet are crossed, another nail driven through. The crown of thorns presses deeper. His body bears the marks of every blow. His face, once lifted in compassion, now bruised and torn.

And yet, from the cross, He speaks. “Father, forgive them...”

Even here—there is grace. Even here—there is love. And when the spear pierces His side, blood and water flow—life poured out, making way for something new. Redemption is no longer a promise. It is finished. Even knowing what they would do... He chooses them anyway.

REFLECTION QUESTIONS:

Can you fully receive the forgiveness Jesus has given you? Do you truly believe you are loved—completely and unconditionally?

ACTION:

Spend time at the cross. See the spear, the garments, the sour wine, the dice, the nails, the crown. Feel the weight of the cross beam. Pause and reflect—you are deeply loved and fully forgiven.

SCRIPTURE:

John 19:31–37; Luke 23:26–27; Luke 23:33–34

STATION 3 – THE VEIL AND THE EMPTY TOMB

Theme: He Is No Longer Here / Veil Torn in Two | Location: Center Stage

REFLECTION:

The cross stands silent now. The crowd has dispersed. The weight of what just happened lingers in the air. Jesus' body is taken down—carefully, reverently. Wrapped in linen. Placed in a borrowed tomb. A stone is rolled into place. It feels like the end. The final breath has been taken. The mission completed. The world holds its breath in the stillness of it all.

But heaven is not silent. Something has shifted. The veil is torn. The barrier is broken. What once separated humanity from the Father has been removed.

And then—life breaks through. The tomb is no longer a place of death, but a declaration of victory. The stone is rolled away. The grave is empty. He is not here.

Jesus has risen—triumphant over sin, over death, over every chain that once held humanity bound. What was buried... does not remain. And in Him, everything is made new.

REFLECTION QUESTIONS:

Do you believe that your old life has truly been left behind? Are you living in the freedom and new life Jesus has given you?

ACTION:

Step beyond the torn veil and draw near to the Mercy Seat—where access has been granted and mercy speaks louder than your past. To your left, behold the scale where the cross outweighs your sin, the menorah standing as a symbol of His perfect light, and the Ark—open it, and see the one Jesus has redeemed. To your right, feel the weight of His Word, anoint yourself as you are led, lay your prayers down, and remember that praise lifts every burden. You entered feeling unworthy, but you leave cleansed—rooted, restored, and secure in the finished work of Christ.

SCRIPTURE:

Luke 24:1–23