

HOLY WEEK EXPERIENCE

MONDAY

THE SHIFT BEGINS

sweetwaters
CHURCH

WHEN THE
Ground
SHIFTED!

📍 STATION 1 – ENTRY INTO JERUSALEM

Theme: The Road of Humility | Location: Left of Main Door

💭 REFLECTION:

The road is alive with noise—voices rising, people pressing in, excitement building with every step. You find yourself caught in the movement of the crowd as Jesus enters Jerusalem.

Cloaks begin to fall to the ground. One after another, people lay down what they have—what belongs to them, what carries their identity—spreading it across the road before Him. Palm branches follow, lining the path like a royal welcome.

And yet, this King doesn't arrive as expected. He comes gently. Quietly. Riding on a donkey. There is no display of power, no force, no demand—only humility.

As He passes, something shifts. The noise fades into the background, and all you can see is Him... and the road beneath Him, covered in what people have laid down. It's no longer just their story—it becomes yours.

You feel the weight of what you've been carrying. The things that have shaped your identity. The things you've held tightly, convinced they define your worth. And in this moment, without a word, the invitation is clear. Not to strive. Not to prove. But to lay it down.

As Jesus moves forward, He doesn't take from you—He redefines you.

? REFLECTION QUESTIONS:

What do I need to lay down before Jesus? What am I holding onto so tightly that it defines my worth? Have I placed value on things that cause me to miss how deeply valued I already am by the Father?

»» ACTION:

Paper Leaf: On the leaf provided, write down something you value most—something you may be holding onto for identity or worth. Lay it down as a symbolic act, allowing Jesus to “walk over” it and redefine your value through who He says you are.

📖 SCRIPTURE:

Matthew 21:11; Luke 19:28–40

STATION 2 – TEMPLE: MAKE ROOM

Theme: House of Prayer | Location: Center Stage

REFLECTION:

You step inside, expecting stillness—but instead, you're met with noise. Voices overlap. Movement fills the space. Transactions, conversations, distractions—everything competing for attention. What was meant to be sacred feels crowded, almost unrecognisable.

Then everything changes. Jesus enters.

There's a weight to His presence—intentional, focused. He begins to move through the space, overturning tables, clearing what doesn't belong. The noise is disrupted. The clutter is confronted. Not out of anger without purpose—but with a deep desire to restore what this place was always meant to be - a house of prayer.

As the space begins to open, the chaos gives way to something else... something quieter, deeper, sacred. And suddenly, it's not just about the temple anymore. You become aware of your own inner world—the spaces that have slowly filled, the things that have taken center stage without you even noticing.

But here, in this moment, there is no condemnation. Only invitation. To let Him clear. To let Him reorder. To let Him restore. Because what He makes room for... is always worth it.

REFLECTION QUESTIONS:

What is currently at the center of my life? Who or what is on the "center stage" of my heart? What has been shaping my sense of worth and identity? What mindset, habit, or distraction needs to be overturned by Jesus so that He alone defines my worth?

ACTION:

Write a personal prayer on the piece of paper provided and place it on the center stage chair. As you do, take a moment to pray—asking God to help you make room again, surrender control, and restore Him to His rightful place at the center of your life.

SCRIPTURE:

Matthew 21:12–13; Luke 19:45-46

STATION 3—MIRACLES

Theme: Praise Unlocks the Power of God | **Location:** Right of Main Door

REFLECTION:

The atmosphere begins to shift. People draw closer—some with quiet hope, others with visible desperation. There's a sense that something is about to happen... something beyond what can be explained. And then it does.

The blind begin to see. The broken are restored. Lives change in ways that can't be denied. The impossible becomes possible right before your eyes. But it's not just the miracles that stand out—it's the sound.

Praise rises. Not polished or controlled, but raw and real. Voices lift, unfiltered and unashamed. Even children join in, their praise simple yet powerful. There's something in it—something freeing. It cuts through heaviness. It lifts what feels weighed down. It creates space where there once was none.

You feel it pulling at you... inviting you in. Not to wait for everything to change first. Not to have it all figured out. But to respond right here, in the middle of it. And as praise fills the space, something begins to loosen. The weight you've carried doesn't feel as heavy. The atmosphere doesn't feel the same.

Because sometimes, the shift doesn't begin around you—it begins within you. And in that moment, you realise... freedom is closer than you thought.

REFLECTION QUESTIONS:

When I come into the house of God, do I come with expectation for Him to move? Do I believe that God can still perform miracles in and through my life? What heaviness, burden, or limitation am I carrying that praise needs to break?

ACTION:

Take the key labeled "Burden" and use it to unlock one of the locks on the chain—symbolizing the release of what has been weighing you down. As you do, declare freedom through praise, trusting that God is able to move in that area of your life. Then take a keychain labeled "Praise" as a keepsake—reminding you of the moment you chose freedom and the power of praise to unlock it.

SCRIPTURE:

Matthew 21:14–16